





**SheRocks!**

## **LEADERSHIP CAREER ACCELERATOR COACHING PROGRAM**

 ~~I am not sure I am equipped to  
be a leader in my organization.”~~

 I know exactly how to translate  
my skills and experience to be  
an exceptional leader.”

**Live up to  
your  
incredible  
potential**

**Choose from our tailor-fit coaching programs**

**[info@sherocks.ca](mailto:info@sherocks.ca) | [sherocks.ca](http://sherocks.ca)**



# OVERVIEW

6-month coaching package with 1:1 biweekly sessions



### Trust Yourself

Start by getting crystal clear on your career goals and where you are in relation to them.

**Result:** You tap into your strengths and reimagine your true capabilities.

### Push Beyond your Comfort Zone

Practice the skills you need to move up, along with confidence-building behaviours, all with support from your coach.

**Result:** You have tested new approaches and your self-confidence moves exponentially.

### Rock your Leadership

Internalize your learnings. Strike a balance between delivery and building trust.

**Result:** You have an action plan on successfully tackling leadership challenges.